## Nell Holcomb R-IV School October 2014 Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		1 Cereal, cinnamon toast, fruit, &	2 Honeybun, fruit, & milk	3 Muffin, fruit, & milk
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		Ham, sweet potatoes, green beans, pears, & milk	Vegetable soup, grilled cheese, carrots & broccoli w/ranch, strawberry cup, & milk	Pizza, salad, peaches, & milk
6	7	8	9	10
French toast sticks, fruit, & milk	Scrambled eggs, toast, juice, & milk	Bagels, fruit, & milk	Breakfast cookie, fruit, & milk	Breakfast pizza, fruit, & milk
Fajita chicken, refried beans, mexican rice, salsa, pineapple,	Pork riblet on bun, smiles, applesauce, & milk	Salisbury steak, gravy, green beans, whipped potatoes, peach	Chili, peanut butter sandwich, raisins, & milk	Chicken nuggets, salad, banana, & milk
& milk	арриеѕиисе, & тик	cup, hot roll, & milk	raisins, & muk	banana, & muk
13	14	15	16	17
Pancakes, sausage, fruit, & milk	Muffin, fruit, & Milk	Oatmeal, cinnamon toast, fruit, & milk	Biscuit w/gravy, sausage, juice, & milk	Honeybun, fruit, & milk
Chicken quesadilla, corn,	Chicken pattie on bun, potato	Beef-a-roni, peas, peach cup, hot	Fish sticks, baked beans,	Pizza, baby lima beans, pears,
applesauce, & milk	smiles, orange, oatmeal cookie, & milk	roll, & milk	pineapple, bread, & milk	& milk
20	21	22	23	24
French toast sticks, fruit, & milk	Scrambled eggs, toast, juice, & milk	Cereal, cinnamon toast, fruit, & milk	Breakfast pizza, juice, & milk	NO SCHOOL
Corndog, chips w/ nacho cheese, peas, orang, & milk	Buffalo chicken tenders, baked beans, pears, & milk	Taco pie, corn, applesauce, & milk	Juicy burger, French fries, fruit salad, & milk	
27	28	29	30	31
Pancakes, sausage, fruit, & milk	Muffin, yogurt, fruit, & milk	Cereal, cinnamon toast, fruit, & milk	Honeybun, fruit, & milk	Breakfast cookie, fruit, & milk
Spaghetti, corn, pineapple, garlic bread, & milk	Turkey w/cheese on bun, smiles, applesauce, Halloween sugar cookie, & milk	Chicken & noodles, green beans, peach cup, hot roll, & milk	Chicken nuggets, baked beans, fried apples, bread, & milk	Pizza, salad, pears, & milk

\*Baby carrot sticks and dried fruit offered daily at breakfast. Baby carrot sticks, dried fruit, and broccoli florets offered daily at lunch to students.

\* Salads offered daily to grades 6th through 8th.

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